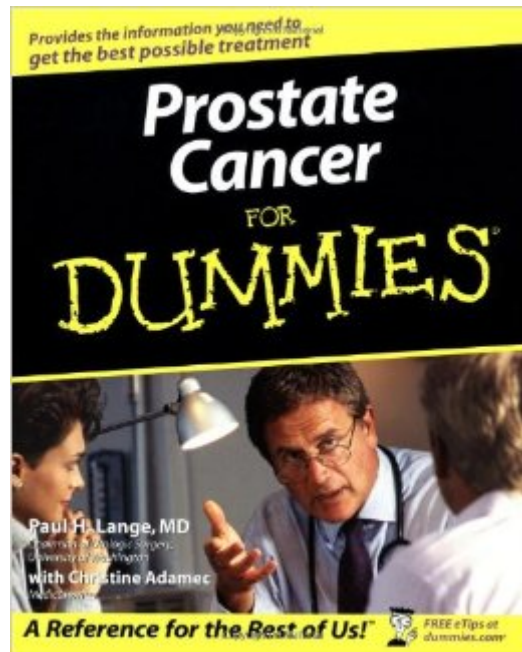


The book was found

# Prostate Cancer For Dummies



## Synopsis

Hearing that you have prostate cancer, or even that you may have it, is very scary. But this disease, in many cases, is curable. Even if you have advanced cancer that's spread beyond the prostate, many treatments help extend your life for years. You need good information to help you with the decisions that lie ahead, and this book provides you with this information. Prostate Cancer For Dummies can help you if You have prostate cancer (or you think that you have it), or someone close to you has it. You want information on treatments for prostate cancer as you form a treatment plan with your doctor. You are curious about alternative therapies for prostate cancer. You want to know what actions you can take over the long-term to continue to fight your prostate cancer. Prostate Cancer For Dummies explains the key issues and problems that are associated with prostate cancer, and assures you that although the initial impact of being diagnosed is devastating, you can take action to extend your life. You don't have to read this book from the first page straight on through, although you can. You may want to read the first chapter and then move to the chapters that affect you the most. In Prostate Cancer For Dummies, you'll gain insight into Discovering the key symptoms of prostate cancer Recognizing the risk factors, and who's most likely to have prostate cancer Getting a diagnosis, and what's involved Getting well again, and how you can work with your doctor to come up with a plan to cope with your cancer Changing your lifestyle to decrease your risk of a recurrence Coping with the aftermath, from temporary to permanent side effects Handling work and family, and how to help others understand what you're going through It's extremely hard to hear from your doctor that you or a loved one has prostate cancer. But after you recover from the initial shock of diagnosis, you need to educate yourself, and, with the help of your physician, make a plan for getting the best treatment possible. Prostate Cancer For Dummies will help you achieve these goals and encourage you to maintain your commitment to managing your health.

## Book Information

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## Customer Reviews

As a person who's spent hundreds of hours researching and reading about prostate cancer over the last four years, I picked up Lange and Adamec's new book with misgivings that quickly changed into affirmative head-nodding. I found the book to be well-organized, and as I scanned and flipped back and forth through its coverage of all the big questions, I concluded this is a book that has long been needed. Although the book is in the DUMMIES series, it is from start to finish a first-rate professional and easily-readable treatment of a complex and deadly serious subject -- prostate cancer. Whether it's one's first foray into the shifting world of prostate cancer data, treatment and research or one wants to double-check what one has learned, this is THE book to buy.

I freaked out when I was told by my urologist, just a few months ago, that my biopsy showed prostate cancer and---by the way---would I like to be put on his surgery schedule for next month! This is a fabulous book and one I thoroughly recommend for the newly diagnosed man who is reeling from the shock of getting this rotten news and not sure what to do. HOWEVER, the book is written by an American surgeon and that means a heavy bias toward treatment for everyone (even low risk cancers) and preferably surgery. It turned out, in my case, that the cancer is less aggressive than my urologist was leading me to believe (get that second opinion!). Monitoring the cancer for changes is a defensible strategy for avoiding the awful side effects of ANY of the treatments for prostate cancer, if your cancer is at a low to medium risk. All that said, this is still a great book and covers most all the bases.

I am the coauthor of this book and am proud of my work, with one caveat at the end of this review. This book covers prostate cancer from the perspective of a surgeon who treats the disease and who admits that he was terrified when he was diagnosed with it himself. Prostate Cancer for Dummies covers symptoms of prostate cancer and how it's treated (surgery, radiation, etc.) and also covers how to cope with the side effects, such as impotence, depression and so on. The author factors in how cancer affects the whole family and discusses how the person with cancer can help his family

help him. One caveat: The book urgently needs to be updated to reflect the latest surgical therapies, medications and other treatments for prostate cancer. It was, after all, written nearly ten years ago and great advances have been made in treatment for prostate cancer since that time. Christine Adamec

My husband was diagnosed with prostate cancer in 1999. He has had two cryo ablation procedures and yet still has the cancer (confined to the prostate). Having worked for a well-known urologist for many years, I feel Dr. Lange's book is the best literature we have read over the years and has helped answer the many questions we have had in language my husband can understand. Our urologist, however, spends a great deal of time with us explaining everything.

Absolutely the best source of information on Prostate Cancer and I've bought and read most of them. Easy to read and straight forward for all readers. So don't make any decisions until you read this book. I'm a health care professional and even I benefited from this book.

When I was diagnosed with prostate cancer back in 2003, I panicked and tried to get all information necessary about prostate cancer. Somehow, I found this book at a big bookstore and I purchased it because the other books on prostate cancer were either too wordy or too hard to understand. This book told me all I wanted to know in such an easy way for a layman like me could understand. I highly recommended and I purchased this book for a friend who was just recently diagnosed. If you like the "simple, common sense, and real understanding" of prostate cancer, read this book.

I have Stage 4 Prostrate Cancer and I`am getting radiation for it. At the office they had "Prostrate Cancer For Dummies" and I flipped thru it and liked it enough that I ordered my own copy! It is excellent and covered all the options and their success rates and side effects. What I especially liked was it was written for the layman and does not use complicated medical jargon. If you have prostrate cancer this is a must have!

This very easy to read and understand book helped me through my prostate cancer surgery recovery phase. I had done some research and made some sound decisions and in my case, surgery was the right choice because the cancer was so aggressive. This book explained all the issues I faced, provided answers to questions I had or may have, and helped me explain to my family and close friends what was going on.

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